

Open Hand

WEEKLY CLUB BULLETIN OF ROTARY CLUB CHANDIGARH | ROTARY INTERNATIONAL DISTRICT 3080 | INDIA

CHARTER 15227 | CHARTERED ON 10TH MAY 1958

ISSUE 14 | 6 October 2025

HOME CLUB OF **Rajendra K. Saboo**
ROTARY INTERNATIONAL PRESIDENT
1991-92

Francesco Arezzo
ROTARY INTERNATIONAL PRESIDENT
2025-26

Ravi Prakash
DISTRICT GOVERNOR
RI DISTRICT 3080

Abha Joshi Sharma
CLUB PRESIDENT

Arun Aggarwal
CLUB SECRETARY

A VIBRANT DANDIYA GARBA MUSICAL EVENING

Our Monday meeting was a vibrant and lovely dandiya garba musical evening that lit up the night with joy and celebration. The President, Abha J Sharma, made the regular announcements and thanked Col Guljit Chadha for the mouth-watering delicious fellowship. She then handed over the meeting to PP Neenu Vij, and the festive ambiance took over.

The evening was filled with the spirit of celebration, and it felt like the whole room was dancing to the rhythm of joy. Festive days have a way of bringing people together, and our gathering was no exception. As North Indians, we've always been known for our bravery and resilience, and our festivals are a testament to that spirit.

What made the evening truly unforgettable was R'n Alka Khanna's choreography, which had our Rotarians dancing in perfect synchronization! Their energy and enthusiasm were infectious, and it was wonderful to see everyone



Monday 6th October

How to be Heart & Vascular Health Smart



Dr H S Bedi

Director, Cardio Vascular Endovascular & Thoracic Sciences.
Park Greecian Hospital, Mohali

Rotary House 107A Sector 18a, Chandigarh
at 6 pm



Monday 6th October

Fellowship Host



Rtn Dr Gautam Munjaal

Rotary House 107A Sector 18a, Chandigarh
at 6 pm

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A VIBRANT DANDIYA GARBA MUSICAL EVENING...



letting loose and having a great time.

From Lohri to Holi, Vasant to Diwali, we celebrate life with abandon and enthusiasm. We also celebrate festivals from other cultures, making them our own - Chat Pooja, Ganpati Visarjan, Jagannath Rath Yatra, and Durga Puja are just a few examples. The Garba and Dandiya nights are a special part of our celebrations, bringing us together in joy and togetherness.

As the saying goes, "Doli tara dhol baje" - the beat of the drum resonates deep within us, calling out to our very soul. Even in sadness,

we find the courage to dance and celebrate life. That's the spirit of India, and that's what makes our festivals so special. Let's keep celebrating, keep dancing, and keep spreading joy.



CELEBRATIONS

Birthday Greetings:

6 Oct.	Rtn. Karan Mahajan	9815300454
7 Oct.	RtnDrGautamMunjhal	9872540550
9 Oct.	PP Rtn Anil Chadda	9814013641
10 Oct.	RtnAshwani Chopra	9815422112
10 Oct.	PP RtnDarshan C Mehandru	9463916943

Anniversary Greetings:

7 Oct.	Rtn. Sanjay Arora & Parveen	9915711456
11 Oct.	Rtn Dr Bharti Goel & Dr Sameer Goel	9646121606
12 Oct.	Rtn Kulbir Dogra & Anju	9815100111

With Best Compliments from
Rtn Jagesh Khaitan

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Installation of the Interact Club of St John's School, Sector 26 was held on 26th September, 2025.

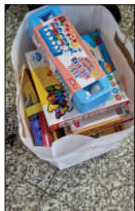
RC Chandigarh President Abha JSharma and other members of the club along with principal and faculty of the school attended the ceremony.



On Navratras Ashtami, we spent a few precious moments with child cancer warriors at the Advanced Pediatric Centre, PGIMER. Despite their challenges, these brave hearts still managed to smile at us, and their joy was palpable when they received our small gifts of love.



Grateful to those who made this visit special: Rtn.



Rosy Katyal for buying toys and games, Spouse Sanjay Sharma for ordering storybooks, color books, and crayons, and PP Rtn. Ramesh Bhatia for his silent contribution. Thanks also to Secretary Rtn. Arun Agarwal, Vice President Rtn. Rajinder Kaur, Rtn Dr. Bhavneet, and IW President Kavita Arora for their support. Our office staff, Satpal and Sher Singh, deserve appreciation for accompanying us and helping. May God bless these young warriors with healing, strength, and hope.

Donation in support of Blood Centre

We are delighted to share that PP Rtn. Surinder Paul Kaur has generously donated an amount of ₹1,00,000 to the Chandigarh Rotary Club Service Trust in support of the Blood Centre.

This noble contribution will support 14 cancer and underprivileged patients by providing life-saving apheresis platelets at subsidised processing charges.



To commemorate this generous gesture, a formal cheque handover ceremony was held on the occasion of National Voluntary Blood Donation Day on 1st October

The event was graced by:



- Rtn. Abha Joshi Sharma, President
- Rtn. Dr. Rajinder Kaur, Vice President
- Rtn. Arun Aggarwal, Secretary
- Mrs. Niti Sarin, Secretary, Blood Centre
- Rtn. Dr. Manish Rai, Director, Blood Centre

We extend our heartfelt thanks for this initiative.

Rotractors of Rotract club Chandigarh and Legis Social,PU had come forward to donate Blood. There were other donors also for Platelets Donation.

APPEAL

Contribution towards Sweets to the Jawans under

"AAP HAIN TAU HAM HAIN"



Dear fellow Rotarians and friends,

As we prepare to celebrate Diwali with our loved ones, let's not forget the brave jawans who sacrifice their time with family to keep us safe. Our heartfelt gratitude to PRIP Rtn Raja Saboo Sir and Ann Usha ji for their vision and leadership in making this project a success year after year. We also appreciate DG Ravi Prakash ji for his guidance and support in enhancing the project's impact. Their collective efforts have made this initiative a beacon of appreciation for our nation's heroes.

For the 10th year, Rotary District 3080 is sending Diwali sweets to our troops at the borders, including Siachen. This project has brought immense joy and appreciation from the jawans and army officers, who feel seen and valued by our efforts. Your contribution will bring a smile to their faces and warmth to their hearts.

We're aiming to send 8000 boxes of Diwali mithai by October 10th, which will be shipped through the Indian Air Force aircraft to Leh for onward delivery to the borders. Every box counts, and your donation will help us meet this goal. Let's show our gratitude to our jawans for their selfless service and sacrifices.

Please contribute generously and send your Diwali greetings to acknowledge their bravery. Together, we can make a difference and bring joy to those who protect our nation.

Thank you for your kindness and support.

From,

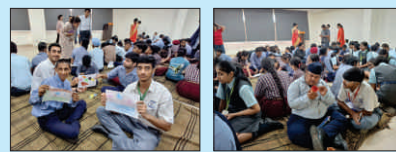
Rtn Sartaj Lamba,
District Chair
Diwali Sweets 2025-26

ROTARACT CLUB AIIMS



The Interact Club of Aksips 41 Smart School successfully organized a Cleanliness Drive in a nearby park with the active participation of students. During the drive, the students enthusiastically collected plastic and other waste materials littered around the park. The collected plastic waste was responsibly handed over to the Municipal Corporation Waste Authority for proper disposal.

Through this initiative, the students not only contributed towards keeping the environment clean but also learned the importance of waste segregation and understood the harmful impacts of plastic on our surroundings.



Interact club of St John's along with the psychology students of class 11th and 12th visited Griid (Government Rehabilitation centre for the intellectually disabled).They participated in Sewa Pakhwada -2025 (Sensitization programme for children) on 30 September 2025 ,which proved to be an engaging learning experience. The centre provides specialized care, education, and vocational training to children and adults with intellectual disabilities. The children were categorized based on their intelligence quotient in 4 groups:- mild, moderate, severe and profound. We were in awe when we saw that they were equally efficient in performing tasks like we were, ensuring knowledge of basic motor skills. The facilities included classrooms, therapy units, and vocational workshops, all designed to encourage holistic growth. Interacting with the residents revealed their warmth, creativity, and eagerness to learn despite challenges. The visit deepened my understanding of the importance of inclusivity, compassion, and structured support in society. GRIID stands as a beacon of hope, inspiring the community to support differently-abled individuals with dignity and equal opportunities.



St. John's School, Sector 26

Effort towards a cleaner and greener environment
The Interact Club of the school is organizing an E-Waste Collection Drive to promote environmental responsibility. They have requested all parents to kindly bring/send any non-functional electronic items (such as mobile phones, chargers, batteries, cables etc.) on 4th October, Saturday and dispose it in the E-waste bin placed in the foyer.

MEMBERS UPDATE



Another achievement

- Rotary club of Chandigarh is very proud of Rtn Manjula Sularia accomplishments and accolades. All members wish her continuous success and growth in all her initiatives.

DIL SE...

Mahatma Gandhi had a direct connection to Rotary in India, having addressed the Rotary Club of Calcutta, the first Rotary club in the country, on August 18, 1925, to speak on the economic and spiritual value of the charkha (spinning wheel). Beyond this direct interaction, Gandhi's philosophy of "Service Above Self" resonates deeply with Rotary's core values, as seen in the shared

emphasis on helping others, non-violence, and community empowerment. His teachings have inspired Rotarians and are reflected in their pursuit of service and positive change globally.

He also wrote an article , "My 7 points for a new world order," which was published in the February 1942 issue of The Rotarian magazine.

-PP CJ Singh

